

SEIZURES

1. Immediately contact the School Office/School Nurse.
2. Trained personnel will administer emergency seizure medication, if prescribed.
3. Principal/Designee notifies parent/guardian.
4. Cushion head and remove glasses.
5. Turn on side and keep airway clear.
6. Note the time a seizure starts and the length of time it lasts.
7. Don't put anything in mouth.
8. Don't hold down.

Most seizures in people with epilepsy end without harm after 1 or 2 minutes and usually do not require a trip to the emergency room.

CALL 911 if:

- **Prolonged seizure lasting more than 5 minutes.**
- **Difficulty breathing after a seizure.**
- **Pregnancy or any signs of injury.**
- **Repeated seizures in the same day.**
- **A first time seizure.**

NEVER LEAVE STUDENT ALONE