

DIABETES (LOW BLOOD SUGAR)

LOW BLOOD GLUCOSE (HYPOGLYCEMIA)

Mild/Moderate Symptoms may include:

- Shaky
- Sweaty
- Hungry
- Pale
- Headache
- Blurry Vision
- Inability to Concentrate
- Dizzy
- Confused
- Disoriented
- Uncoordinated
- Irritable/Nervous
- Changed Behavior
- Sleepy
- Weak
- Lethargic

Treatment of Mild/Moderate Symptoms:

1. Student checks blood sugar. If less than 70, give a quick acting sugar product such as 3 or 4 glucose tablets or 4-6 oz. of juice/regular soda.
2. Re-check blood sugar 10-15 minutes after treatment.
3. Repeat treatment if blood sugar is still less than 70 and contact school office/school nurse. Notify parent.
4. If blood sugar is greater than 70, no further treatment is necessary.

Severe Symptoms May Include:

- Inability to Swallow
- Seizure or Convulsions
- Unconscious

Treatment of Severe Symptoms:

1. **CALL 911 IMMEDIATELY.**
2. Contact School Office/School Nurse and send for immediate help. (Glucagon if prescribed/CPR/First Aid).
3. Trained personnel should administer glucagon injection if prescribed by primary care provider and position on side.
4. Principal/Designee notifies parent/guardian.
5. Provide emergency care until 911 arrives.

NEVER LEAVE STUDENT ALONE

DIABETES (HIGH BLOOD SUGAR)

HIGH BLOOD GLUCOSE (HYPERGLYCEMIA)

Symptoms may include:

- **Increased Thirst/Dry Mouth**
- **Frequent Urination**
- **Nausea/Vomiting**
- **Blurry Vision**
- **Fatigue/Sleepiness**
- **Confusion**
- **Sweet Breath**

Treatment of Symptoms:

1. Student checks blood sugar. If greater than 240, contact School Office/School Nurse or parent/guardian for further instructions.
2. **Call 911 if student has labored breathing, confusion and vomiting.**

NEVER LEAVE STUDENT ALONE