

ASTHMA ATTACK

Early signs of an asthma attack may include: coughing, chest tightness, throat tightness, mild wheezing, complaints of chest discomfort and student requesting inhaler.

1. Contact School Office/School Nurse.
2. Trained personnel should administer inhaler/nebulizer if prescribed (some students may carry own inhaler and can self-administer). If the inhaler is not available, contact parent/guardian **immediately**.
3. **CALL 911 and notify parents if no improvement in 15 minutes or if condition worsens and the student has any of the following symptoms:**
 - **Difficulty /struggling to breathe**
 - **Chest and neck pulled in**
 - **Hunched over**
 - **Trouble walking or talking**
 - **Unable to play or do activities**
 - **Lips or fingernails are grey or blue**

NEVER LEAVE STUDENT ALONE